

PORTALS OF LUMINOSITY

JOURNEYING INTO OUR INNER AND OUTER WORLDS THROUGH COLLAGE



*The sole purpose of human existence is to kindle
a light of meaning in the darkness of mere being.*

-Carl Jung

Living in the complexity of our world today, many of us are carrying a wide range of feelings and emotions, which unattended, lends itself to living a rather fragmented life. The external world strongly affects our emotional and physical bodies, just as our interior realm casts light on how we see and feel in the world. The task at hand for us, and all of humanity, is to find the balance between what we can call dark and light so these things can co-exist in our bodies, hearts, and minds.

Our retreat this year will be exploring wholeness along with the fortitude and passion that we carry individually and collectively. When we are able to embrace all divisions, polarities, and positive emotions with a deep sense of groundedness, equilibrium and gratitude, we will be able to bring our creative potential to life.

This retreat calls to those who want to walk through their own portals of luminosity and discover that there is no end to one's creativity or capacity to transform.

**We are very excited to be offering this year's retreat at the historic
Mabel Dodge Luhan House in Taos, New Mexico.**

[Click here to learn more.](#)

WHERE: Mabel Dodge Luhan House, Taos, New Mexico

WHEN: October 5th to October 9th, 2024

COST: Shared Room \$2,000 and Private R&B \$2,400

All meals and art supplies are included.

CE INFO: CE credits pending

This experiential workshop provides counselors, mental health professionals and other health care practitioners an opportunity to learn how to integrate creative arts, somatic awareness and mindfulness practice into their work.

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